

Lesson 2 Eat, Play, and Live Well!

의사소통 기능

• 빈도 묻고 답하기

A: How often do you exercise?

B: I exercise once a month.

• 제안하기

Why don't you exercise more often?

읽기

• Healthy and Yummy Snacks for You

언어 형식

• I'm **making** caprese skewers.

• Anyone **can** make these.

• They'll become healthy snacks.

Watch and Talk

A 1

B: How often do you play basketball, Jisu?

G: I play once a week.

B: Only once a week?

Why don't you play more often?

G: I can't. I'm too busy.

2

B: What are you doing here, Mina?

G: I'm playing VR tennis.

B: That's awesome! How often do you play?

G: I play twice a week.

3

B: Are you a member at this gym, Amy?

G: Yes, I am. I like working out.

B: How often do you work out?

G: Three times a week.

4

G: This is really good.

B: How often do you drink soda, Emma?

G: I drink it every day.

B: That's bad for your health.

Why don't you drink water instead?

G: OK. I'll try.

C

M: Can I help you?

G: Yes, I'd like to take some badminton lessons.

M: Are you a beginner?

G: Yes, I am.

M: OK. How often do you want to take lessons?

G: Two times a week, but I can only come after 5 p.m.

M: Then why don't you take Mr. Kim's class?

His class meets at 6 p.m. on Mondays and Thursdays.

G: That sounds perfect!

Listen Up

W: Hello, everyone. I'm Dr. Lee.

Do you want a healthy life? Here are some tips.

First, eat breakfast every day.

Second, exercise at least three times a week.

Lastly, get enough sleep. Why don't you start today?

Review

1

G: Wow. You play the guitar so well, Kevin!

B: Thank you. I practice a lot.

G: Really? How often do you practice?

B: Three times a week, on Mondays, Wednesdays,
and Fridays.

2

M: Do you exercise regularly, Anna?

G: Yes, I do. I exercise once a week.

M: Well, that's not enough.

Why don't you exercise more often?

G: OK. I will.

4

W: How often do you clean your room?